

MORRO BAY YACHT CLUB



541 Embarcadero • Morro Bay, CA 93442
Office Phone (805) 772-3981
Website: mbyc.net



November, 2013

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Rich Leamon

FROM YOUR COMMODORE—Dawn Huntsinger

The Central Coast finally had its late summer weather, which means the holidays are on their way! Are you ready? The club calendar is looking busy with General Meeting, Commodore's Ball, and Lighted Boat Parade, trimming the tree, and MBYC Christmas party in December. By the time this Masthead is published the General Meeting will be on us and we will be voting in your 2014 Board of Directors, and a motion to raise dues \$50. Plan on coming out to the meeting so that we will have a quorum.



The Commodore's Ball is Nov. 16 at Windows on the Water. The deadline for purchasing your tickets and selecting your dinner is Nov. 8. It's going to be a great party! This year we have a really rockin' DJ and a photographer, so dust off your dancing shoes and get ready for an evening of fun!

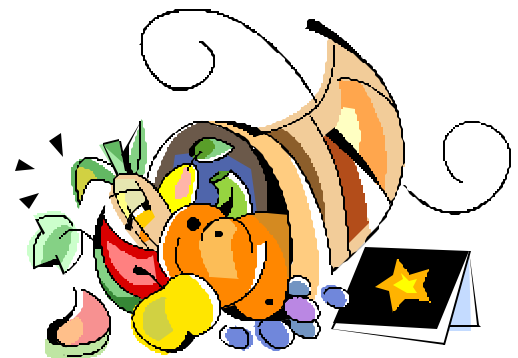
Mark your calendar for the Lighted Boat Parade on Sat Dec 7. Judging and announcing will be on the lower deck. This truly is the best spot on the Embarcadero for viewing the parade and it is always crowded. Please remember that this event is for members and up to 10 guests per member. The back gates will be secured, so plan on entering through the front door. If you are planning on having guests, please plan on arriving with them or make arrangements to meet them at the door. Lastly, please have your guest sign in and issue them a nametag.

I'm sad to announce that Bev Gammill passed away this October. A beautiful memorial service was held in her honor at the Yacht Club that was well attended by family and friends from the community, the Yacht Club and the Ski club. It was evident that Bev lived a full life doing things that she loved. I'm sure we will all remember her with an everlasting smile on her face. She will be missed.

May the road rise to meet you,

Dawn Huntsinger, Commodore

"I hate storms, but calms undermine my spirits." - Bernard Moitessier



Editor's Note: Submissions to the *Masthead* are due by the 21st of each month.

You may e-mail your written material or digital photos to
Barbara Edwards-Earl at

All submissions are subject to editing for content and space.

FROM YOUR VICE COMMODORE - Tony Gomez

Tony Gomez, Vice Commodore

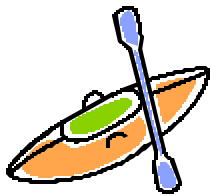
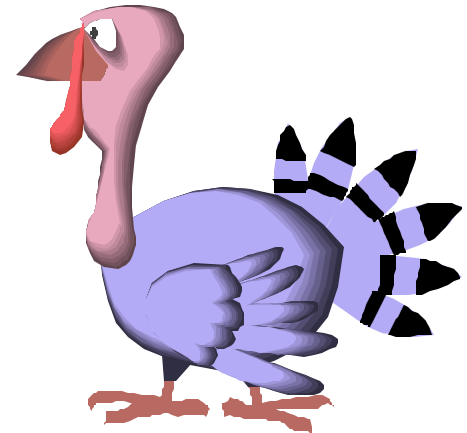


Jeff N. Eckles
President

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Morro Bay, Ca. 93443

www.eckleswealth.com
jeff@eckleswealth.com



FUN FLOAT

Monday, November, 18th at 10:00 a.m.

What a cosmopolitan group we had on our Oct. float. We had paddlers from 4 different central coast cities.

It is time to break out whatever you use to gird your loins with and make any other preparations you might need to go after the elusive but tasty Sandspit Turkey. We have been leaving tasty morsels of food every time for the last several months to insure that they will all be tasty and plump.

Monday the 18th at 10:00. Be there or be square,
G.P.P.
P.S. wear your camos





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Local Seafood**

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iPad & Android at fishline.us**



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HAPPY HOUR HOSTS

REMEMBER! In order for us to keep our liquor license, non-members are **NOT ALLOWED** behind the bar and all guests must sign the guest book located at the end of the bar.

If you have questions about the operation of the bar, contact our Bar Steward, Joe Huntsinger .

Everyone should be contacting the other people assigned with them to coordinate the Hosting Duties.

If unable to attend, it is your RESPONSIBILITY to find a replacement. Perhaps you could trade with someone else on the Host List. Cynthia Wimer will be sending out reminders in the mail.

The club will furnish paper products and plastic ware for Host Night. Hosts tend bar from 5:30 p.m. to 7:30 p.m. AND serve snacks at 6:00 p.m. till 7:30 p.m.

November 2013

- 1 Judy Adkinson & Rocky Setting
Bill & Joyce (Hunter) Cockrill
- 8 Terry & Charlene Paris
Dennis & Rosemarie Boertje
- 15 Don & Gail Phares
Susan Wiley
Cynthia Wimer
- 22 Taylor & Sarah Mason
Sharon Brooks
Cheryl Gould
- 29 No Food Service: BYOF

December 2013

- 6 Leslie & Shields Abemathy
Tom Murphy
Bill Austin
- 13 Dave & Alicia Shinn
Rick & Corbie von Stein
- 20 Rich Leamon & Yvonne Lazear
Joe & Dawn Huntsinger
- 27 No Food Service—BYOF

January 2014

- 3 Steve & Terri Reeder
Matt & Adrienne Jenkins
- 10 Charles & Laura McCarren
John & Carole (Maurer) Dilworth
Mary Flaven
- 17 Gerald & Kathleen Ashenbrenner
Henriette Groot
Lynn Meissen
- 24 Harold & Elena Hartsell
Howard & Sandy Grisham
- 31 Chris & Lynn Helenius
Kay Milligan
Bill Sanders

Jim & Rachelle Phillips



FROM YOUR REAR COMMODORE—John Kincade



Bay Race Fall II, Oct 12:

<u>Team</u>	<u>Race 1</u>	<u>Race 2</u>	<u>Race 3</u>	<u>Rank</u>
Smith.....	1.....	3.....	1.....	1st
Williams	2.....	1.....	2.....	2nd
T Hansen.....	3.....	2.....	3.....	3rd
Hensinger....	4.....	4.....	4.....	4
Bourges.....	5.....	6.....	5.....	5
Gorey.....	6.....	5.....	8.....	8
Leamon.....	7.....	7.....	6.....	6

Ocean Race, Devlin III, Oct 20:

- 1st Fear Knot
- 2nd Beauty
- 3rd Whizbang

Devlin Series:

- 1st Whizbang
- 2nd Beauty
- 3rd Guayacan

Ocean Race, Lady at the Helm, Oct 6:

- 1st Beauty
- 2nd Elizabeth Marie
- 3rd Guayacan

Gracie Ray and Liona Kai also competed, but gave up due to lack of wind.

A few races left for this year:

Laser Slalom, Oct 26

Ocean Fall I (Oct 27), Fall II (Nov 10) and Fall III (Nov 24)

Bay Fall III (Nov 23), Drumstick (Dec 1), and Winter 1 (Dec 21)

Ocean O'Daniel 2 Sticker (Dec 14)

Don't forget the special events this month: General Meeting Nov 2 and the **Commodores Ball** Nov 16, lots of fun for all!!!

John Kincade, Rear Commodore



Attention Tidelands Park Volunteers:

The key for the Tidelands Park storage room is hanging in the sail locker/closet downstairs at the club across from the galley. You will need your magnetic fob to enter the sail closet. The key can be found hanging on the right hand side of the sail locker. You will need to stop by the club first to pick up the key before visiting Tidelands, then please return the key to its place after you are done.

Thanks to our dedicated volunteers who help keep our adopted park tidy. The club and the city appreciate you! We are looking for a couple more volunteers to help out at the park. It takes less than 30 minutes and is only once per month. It's an enjoyable time outdoors along the waterfront and will make you feel warm and fuzzy on the inside knowing you are doing something great for our community and the club.

Please contact our Tidelands Chairperson Jeff Eckles at or give him a buzz at

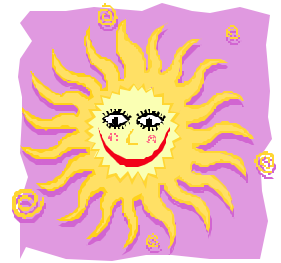
Membership News

Please take a look at the new application for membership hanging on the office door; it's for Werner and Lora Weinstock. Werner has been very helpful with the Bay races -- both working on the race committee and making himself available to crew. They own a Daysailer and plan to be active in that fleet.

The phone number listed for Marc Goldberg and Maggie D'Ambrosia is a work number. Please delete that and add their home number which is: .

And, last but not least, the Board voted to accept Dick and Charlene Evans' request for Life membership. Congratulations to them!

Your Membership Committee: Gail Condon, Char Bruzenak, Cyndy Fee, Lynn Meissen, Rachele and Jim Phillips, and Marty and Tom Tidyman



Social Activities

Commodores Ball is almost here!

This year we have a new venue, great menu, and plenty of entertainment to insure a good time.

So mark your calendar for Saturday, November 16, and dust off your checkbook to reserve your spot.

Information and menu selections are located on the left side of the bar.

If you have any questions or need a menu selection emailed to you, please call me.

Let's have some laughs and make a few memories!



Sharon Bufo, Activities Director

Morro Bay Yacht Club Ship's Store

Volunteers wanted for a fun, rewarding job!!! It's a great way to meet new people and socialize. Man stores for one Friday night a month. Please telephone Yvonne at or email .



Think of the Morro Bay Yacht Club for gifts this Christmas. We have new name brand clothing; the earlier you buy the better choice you will have. Think of the thrill of advertising our yacht club when you wear your clothing out in public. It always elicits a great response and you might even recruit a new member!!

We have an impressive inventory for men, women and kids including:

- | | | |
|------------------------|------------|------------------------------|
| * Shirts | * Burgees | * Name Tags |
| * Sweatshirts | * Pins | * Decals |
| * Sweaters | * Scarves | * Hats — all different kinds |
| * Towels | * Earrings | |
| * Purses | * Pens | |
| * License Plate Frames | * Aprons | |

Please visit and support our stores.

We are open between 6pm and 7pm on
Friday nights.





Wine and Food

**Reds with Red Meats &
Whites with White Meats?**

**Mostly, but It's Really the
Chemistry**

With the Holiday Season approaching, this month's tasting note is devoted to pairing wine and food. While "red wines with red meats & white wine with white meats" is a pretty good rule of thumb, wine color really has nothing to do directly with food pairing. To understand why, let's dissect the taste of wine. Our taste buds can sense four basic tastes; sweet, sour, bitter and salty (I'm ignoring the controversial fifth taste, umami or glutamate). Wine contains three of the four tastes, sweet, sour, and bitter. Wine also has alcohol (ethanol) which has little taste, but has several indirect effects as we shall see shortly. What in wine produces these tastes? Residual sugar makes a wine sweet, acidity makes a wine taste sour, and tannins (flavonoid phenols) makes a wine taste bitter. Ethanol enhances the bitterness of tannins. Now consider foods. We tend to prefer oppositely paired tastes. Tannins bitterness directly opposes red meat fats and ethanol enhances these tannins. Because red wines are fermented on the red skins, they tend to be high in tannin and alcohol; hence "red wines with red meats." White wines are not left on the skins (all grape juice is white), thus they are less tannin. White meats, fish, chicken, etc., are lower in fats; hence "white wine with white meats." Acidity and residual sugar play similar roles. They pair best with foods and sauces with opposed tastes. So now you know the real secret of wine and food pairing and you can throw out all those confusing charts constructed by the chemically challenged. The next time you have a fatty white meat, e.g., salmon, try a Pinot Noir instead of a Chardonnay.

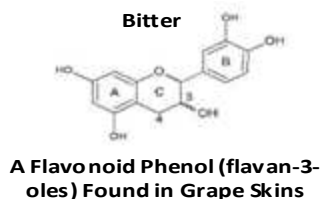
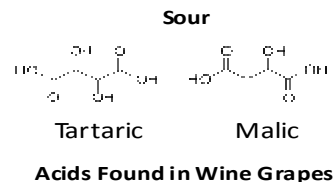
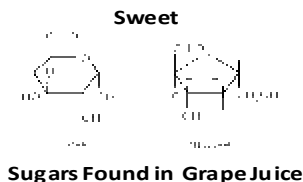
Rich Leamon, MBYC Sommelier

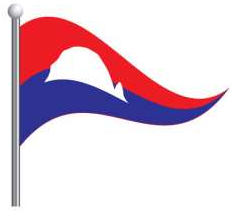
The November Wine Event will be the no host wine pairings at the November 15 Commodore's Ball selected by Chris Battles, the Windows on the Water Sommelier in consultation with the MBYC Sommelier.



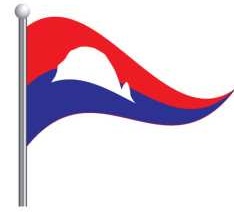
Technical Data

Residual Sugar	0.2%
Alcohol at Bottling	14.4
Total Acid at Bottling	6.60 g/l
pH at bottling	3.96





2013



Commodore's Ball

Saturday, November 16th

At **Windows on the Water!!**

6:00 pm—No Host Cocktails

7:00 pm—Plated Dinner

8:00 pm—Program

Followed by dancing with DJ Tim

Tickets are \$60 per person

RSVP by 11/8/13

NO REFUNDS AFTER NOVEMBER 8TH

I / We would love to attend the ball!

M _____

Dinner Choices:

Flat Iron Steak _____

Local Snapper _____

Free Range Chicken _____

Pad Thai Stir Fry _____

Lemon Mousse _____

or Decadent Chocolate Cake _____

Please make checks payable and send with this stub to:

Morro Bay Yacht Club
Attn: Commodore's Ball
541 Embarcadero Road
Morro Bay, CA 93442

RSVP BY NOVEMBER 8TH, 2013



WINDOWS
on the Water
- RESTAURANT -

First Course

Mixed Greens & Saffron Poached Pear Salad

Stilton Crumbles, Candied Almonds,
Vanilla-Balsamic Vinaigrette, Popcorn Shoots

Bouillon Style Clam Chowder

Applewood Bacon, Tarragon Essence

Entree

Local Snapper

Warm Herb Tomato Salsa, Wilted Spinach,
Avocado, Prosciutto Caponata

Oak Fired Free Range Chicken Breast

Potato Puree, Rapini,
Portabella Mushroom Ragu, Truffle Oil

Pad Thai Stir Fry

Seared Tofu, Papaya-Dikon & Honvit Microgreen Slaw,
Lemongrass Vinaigrette, Sweet Soya

Oak Fired Flat Iron Steak

Potato Puree, Grilled Asparagus,
Bordelaise, Chimichurri

Dessert

Lemon Mousse

Fresh Berries, Gaufrette Cookie

Decadent Chocolate Cake

Seasonal Berries

Seasonal Menu Subject to Change





MORRO BAY JUNIOR YACHT CLUB

Fall is my favorite time of year on the Central Coast and the Juniors have been making the most of it. They have been out sailing for three consecutive weekends. September 29th was one of those perfect warm days with just enough breeze to sail along comfortably. After spending some time honing our racing skills the coaches issued sponges to each boat – and they were not for scrubbing! Soon wet sponges were not enough and Optis were making runs past the coaches with loaded bailers. The coaches were not defenseless though, for the Whaler is equipped with a large paddle, perfect for splashing any crew that got too close and fending off those that really got too close.

The following weekend was the Harbor Festival. The Juniors, as well as some Cal Poly student members, participated in a fund raiser for the Morro Bay Youth Sailing Foundation. The winds were very light to non-existent yet most skippers managed to complete about 20 laps off the sand spit in view of the Festival attendees. The Cal Poly FJ even managed, somehow, to capsize. The kids had a great day both on the water and at the harbor festival afterwards. As I write this I don't know how much money was raised towards their goal of replacing one of the well-used fleet of FJ's. The boats have been in use at the club since I was a student at Poly.

The weekend after that was another of those perfect days. The Bay fleet the day before had light and shifting winds, but the Juniors had ideal conditions. A few races were held and tactics were discussed between each race. Then after lunch on the water the sailors headed over to the sand spit, where they proceeded to roll down the dunes. I suggested summersaults but one young sailor yelled "Flips!" Yikes! Before I could say anything he executed a perfect flip off the top of a dune. Afterwards the sailors cleaned out the Whaler and then to clean themselves of all that sand managed to fall off the dock or get tossed off by their dads.

By the time you are reading this a contingent of sailors from Morro Bay Juniors has headed down to Santa Barbara for the Goblin Regatta. More on that next month.

Todd Hansen
MBYC Juniors Advisor



Sail-a-thon

was Sunday, October 6, 2013 @ 12:00 noon - 3:00 pm

MBYSF would like to thank all of our sponsors and pledge contributors for making our Sail-a-thon a successful event. Although the wind was light and the current strong, our young sailors were able to complete as many as 22 laps! We also have Sail-a-thon T shirts available on our website mbysf.org

Thanks again for supporting youth sailing.

Thank you to our Business and Community Sponsors



Morro Bay Yacht Club
 541 Embarcadero
 Morro Bay, CA 93442

November, 2013



Happy Thanksgiving!

December 2013




















Ocean Races Start: 12:00
 NOON



Bay Races Start: 11:00 AM
 Skippers Meeting: 10:30 AM

Friday Happy Hour Hosts Serve Snacks and Tend Bar from 6:00 PM to 7:30 PM.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DRUMSTICK 1 	2	3	4 	5	6 Hosts: Leslie & Shields Abenathy, Tom Murphy Bill Austin 	7 Junior Christmas Party Lighted Boat Parade 
8	9	10 	11	12	13 Hosts: Dave & Alicia Shum Rick & Corbie von Stein 	14 O'Daniels 2 Sticker MBYC Christmas Party 
15 	16	17	18 	19 Board Meeting 6:00 PM 	20 Hosts: Rich Leamon & Yvonne Lazaar Joe & Dawn Huntsinger 	21 Winter I  Masthead Deadline
22	23	24 Christmas Eve 	25 Christmas Day 	26	27 Hosts: No Food Service —BYOF 	28 
29	30	31 New Year's Eve 	<p>Tidelands Volunteers — November - 1: Jorgens/Pye; 5: Smulders; 8: Tidy man; 11: Williams; 15: Condon; 18: Thomas; 22: Butler; 25: Wright; 29: Eckles. Alternates: Eckles</p>			