

September 2024 Morro Bay, California

## Commodore

### Charlie Roberts



# Racing. ASA lessons. Sponsoring Chairs What next?



It has been a very busy summer, and it looks as if life isn't going to slow down for us too much. The summer sailing lessons are over, but we will be welcoming the CalPoly team back to the club for their sailing practice.

Our ASA 101 course member Tom Anderson offers has been doing well. He has a full schedule for the

next month, and then he'll be taking a break until spring time. If you know someone who would like the ASA 101 certification and experience with ocean sailing, please contact Tom.

I would like to thank Charlie Nichols for having served as DaySailer Fleet 128 captain. I'd also like to thank Dan Hack for taking over the position for the rest of the year. It



is quite a task to schedule all the sailing events we have going on. Our club is really a busy place.

Last time I checked there were still three chairs available for donation. The idea is that if you donate \$150, we'll put your name on a plaque that goes on the back of a new chair that sits upstairs in the clubhouse. Contined on following page







Left Mark Buchman Top Laurie Wright

## Commodore

#### continured from page I

Our Vice Commodore Tom Wright, put this project together in order to save the club the cost of the chairs and tables while increasing our seating capacity upstairs by sixteen chairs. You're welcome to contact Barbara Roche at broche44@ yahoo.com if you would like to make a donation for a chair.

Lastly, but perhaps most importantly, our elections are coming up at our annual Fall General Meeting on November 2nd. All board positions, except for the directors, will be on the ballot. If you are interested in working on the board, let Joe Huntsinger know. He is our election committee chairman this year. We will get a copy of the ballot out to our members by the end of September. Please plan on attending the Fall General Meeting because your input is important. If you have an agenda item for the fall meeting, please let me know.



-- Cheers, Charlie

# Ahoy from the galley

### -Tom Wright, Vice Commodore

The club has a new stove in the galley. Thank you all who were part of the process --let the dinners begin.

It is never too early to start your Holiday shopping and what better gift than some MBYC swag. A new windbreaker, jacket, or MBYC shirt, perhaps a stylish hat all make great gifts for that boater in your life. Visit the Ship's Store on your next visit to the club. The store is open most Friday nights.

There are only three upstairs chairs left to purchase. Be immortalized at the MBYC for only \$150 each. Contact Barbara Roche for details.

The hoist was inspected and load tested (1000 pounds). It passed, with some maintenance items that need attention, including a new cable. The hoist is usable. The cable and maintenance items will be addressed.

Thank you to all those members that notify us when something is not correct at the club. If no one says anything, it will not get repaired.

A special thank you to those who take action to correct an item that needs attention.

Please drop a note to the Vice Commodore about what you did, just so we can keep track of items that get repaired/replaced. Thanks again, your efforts are what keep the club running smoothly.

As a reminder, please have all guests sign in at the bar prior to being served. This includes transients, family, or anyone without a MBYC name tag.

Tom Wright

Vice Commodore



# The Racing Sheet -John S. Wimer, Rear Commodore

The month of August started with an ocean race to San Simeon and back. That was the Jenkins Memorial Yacht Race. Four boats were entered and two intrepid crews managed to sail the entire course. The start was at the 1100 and finishers were in the harbor after sunset. *Janina* and *Errant Belle* were the two finisher. The day started off in somewhat light air which eventually filled in to make for a pleasant sail on the 46 mile course. Team Jenkins ended up taking the trophy with an elapsed time of 08:47:58 and a corrected out over Janina by just over 40 minutes.

In the bay, we had Summer III which was the final regatta as part of the Barney Pike Perpetual High Point Series. Dave Sheesley has done a stellar job being the PRO for all of the summer series. He had great help from Lex Budge and Terry Paris in the safety boat. Jim Krossa did flags and Reid Hester assisted by Rich Leamon performing scribe activities and taking times. I was on hand to blow the horn for finishers as the race was all run from the deck of the club. For those of you on the fence about helping run races, everyone on the deck and in the safety boat have a great time. Racing was tight for this regatta with only 1 point separating first and second. Dan Hack and Kim Brazeau edged out Charlie Poggemann for the win. See all results on the club website.

The Ladies Day Regatta went off without a hitch. Dawn Huntsinger and Cyndy Fee did a marvelous job. See Dawn's article in this issue of The Masthead.

By the time you read this the Day Sailer Fleet Championship will have been sailed. Look for results in the next Masthead.

#### WE **STILL** NEED MORE VOLUNTEERS!!!!!!

There are still plenty of opportunities to volunteer for races and for being the Principal Race Officer.

Here are our needs for all roles:

Fall I Regatta	Sep 14
Fall II Regatta	Sep 28
Fall III Regatta	Nov 9

Check out the website and/or get in touch with me or Dave Sheesley.

My monthly reminder; Sponsors and/or prospective members should contact me to organize an outing on my boat. <a href="mailto:mbyc.rear@gmail.com">mbyc.rear@gmail.com</a> <a href="mailto:johnswimer@me.com">johnswimer@me.com</a> or <a href="mailto:johnswimer@att.net">johnswimer@att.net</a> (650)

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740-0065 cell/text.

Here is a list of events coming up in the near future:

Ocean Fleet:

Devlin Fall II September 7
Devlin Fall III September 21
Devlin Fall III October 5

Bay Fleet:

Fall I September 14
Fall II September 28

Wysocki Regatta at Santa Margarita is a bust this year. Look for a resurgence next year.

Hope to see you on the water!

The Racing Sheet - John S. Wimer, Rear Commodore

## **MBYC Crew**

Our condolences go out to family and friends of Staff Commodore Millard Martin upon learning of his passing last month in Washington state. Millard joined the MBYC in 1960, was Commodore in 1970 and was member #4 on our 2024 membership roster.

Congratulations to MBYC member Holly Cole, recently recognized as an Honored Alumnus at Cuesta College. Holly is an RN (BSN) and is the Director of Emergency and Inpatient Services at Twin Cities Community Hospital

Members, please remember to wear your membership nametags at club events,

#### **Laurie Wright, Membership**

especially at Happy Hours and Hamburger Nights. All members should be wearing their nametags when ordering from or serving behind the bar. Your nametag identifies you as a member to other members and guests and facilitates friendly interaction among those at the club.

Have you lost your nametag or never ordered one? Contact Rachelle Phillips for a new tag ASAP.

Several Prospective Member packets have been requested with subsequent applications anticipated.

--Laurie Wright, MBYC Membership Chair







Bay Summer 3 regatta and more.

Conditions: The Bay was up to her trickery. Race1 had light 3-4 knot wind from the West with an incoming tide. Race 2 saw light wind veering to the South and fog dissipating. Race 3, the sun came out and wind clocking back to the West.

The Barney Pike High Point Series Trophy was awarded to MBYC sailing team Sil-

aed to MBYC sailing team SII-

Photos Reid Hester

MBYC Summer Barney Pike High Point Series 2024 Regatta: Summer III

Use	(AII)						
Race Name	Summer 3						
		•		Race 1			
Skipper	Boat Type	DPN_1	Start_1	Finish_1	Time_1	C Time_1	Place_1
(blank)	None	1	12:00:00	12:00:00	0:00:00	NA	
Dan Hack	DS	98.50	11:14:00	12:12:10	0:58:10	0:59:03	2
Todd Hansen	DS	98.5	11:14:00	12:24:14	1:10:14	1:11:18	5
John Krossa	DS	98.50	11:14:00	12:24:53	1:10:53	1:11:58	6
Charlie Poggemann	RSA9	90.70	11:14:00	12:10:33	0:56:33	1:02:21	3
Chris Surfleet	DS	98.5	11:14:00	12:25:50	1:11:50	1:12:56	7
Dana McClish	DS	98.5	11:14:00	12:19:43	1:05:43	1:06:43	4
Calton Smith	DS	98.5	11:14:00	12:06:58	0:52:58	0:53:46	1
Ray Shady	DS	98.5	11:14:00	12:32:14	1:18:14	1:19:25	8

Race Name	Summer 3						
,		•		Race 2			
Skipper	Boat Type	DPN_2	Start_2	Finish_2	Time_2	C Time_2	Place_2
Dan Hack	DS	98.50	12:54:30	13:16:10	0:21:40	0:22:00	2
Todd Hansen	DS	98.5	12:54:30	13:16:49	0:22:19	0:22:39	4
John Krossa	DS	98.50	12:54:30	13:19:15	0:24:45	0:25:08	6
Charlie Poggemann	RSA9	90.70	12:54:30	13:13:21	0:18:51	0:20:47	1
Chris Surfleet	DS	98.5	12:54:30	13:16:11	0:21:41	0:22:01	3
Dana McClish	DS	98.5	12:54:30	13:18:39	0:24:09	0:24:31	5
Calton Smith	DS	98.5	12:54:30	13:15:46	0:00:00	0:21:56	8
Ray Shady	DS	98.5	12:54:30	13:19:25	0:24:55	0:25:18	7

Use	Ī						
Race Name	Summer 3						
				Race 3			
Skipper	Boat Type	DPN_3	Start_3	Finish_3	Time_3	C Time_3	Place_3
Dan Hack	DS	98.50	13:27:33	13:46:45	0:19:12	0:19:30	1
Todd Hansen	DS	98.5	13:27:33	13:50:25	0:00:00	0:21:56	7
John Krossa	DS	98.50	13:27:33	13:52:19	0:24:46	0:25:09	4
Charlie Poggemann	RSA9	90.70	13:27:33	13:47:02	0:19:29	0:21:29	2
Chris Surfleet	DS	98.5	13:27:33	13:50:57	0:23:24	0:23:45	3
Dana McClish	DS	98.5	13:27:33	13:55:35	0:28:02	0:28:28	6
Calton Smith	DS	98.5	13:27:33	12:00:00	0:00:00	3:39:17	8
Ray Shady	DS	98.5	13:27:33	13:54:06	0:26:33	0:26:57	5

Sum of High Poli	nt		Race Name					
Sall #	Boat Type	Bost Name	Summer 1	Summer 2	Summer 3	Grand Total	Get Data	Rank
111	DS	Jersv Girl	15	20		35	35	3
163	DS	Beach Party			9	9	9	7
268	DS	Romona		6		6	6	10
316	DS	Vleja	17	17	21	55	55	1
1053	DS	Small Frve		8		8	8	9
1288	DS	Boat with no Name	3	3		6	6	10
1734	RSA9	Saulrrel	19	15	20	54	54	2
1831	DS	Sio Children at Play	9		10	19	19	5
2574	DS	Superweaner		9		9	9	7
10001	LASEM	Some Saturday	15			15	15	6
13074	DS	Piraat		3		3	3	13
14051	DS	Coddiwomple		21		21	21	4
70221	LASEM	TBD	6			6	6	10

# 

### Chris Matson

It's been a while since I've submitted a masthead article, but not because the juniors aren't busy. We have a ton of junior yacht club members this year, 59 to be exact!

Our last 2 events we used all our available optimists, a handful of lasers, and an FJ or two. I want to thank our Summer Sailing team for teaching and recruiting so many kids for our program.

We're looking forward to some fun Fall sailing, especially the Chris Lockwood memorial regatta. We had a great turnout last year, and I expect the same this year.

We've had some standard practice days, but we've also mixed in fun sailing events including a treasure hunt, sailing to the candy shop, and of course sailing to the sandspit.

Our young pirates have found another trampoline on the sandspit. The new trampoline is well hidden and well outside the snowy plover nesting area. Keep an eye out for bouncing kids in the dunes.

We are looking at making a few changes to the

Junior dues this coming year and we may need to submit a ballot measure to be voted on at the Fall meeting. Right now the bylaws state: "The Board of Directors shall fix the initiation fee and dues for the MBJYC at a rate not to exceed 25% of that of Regular membership." That limits our ability to cover our own costs without depending on the yacht club for some of our budget. We need the ability to raise our dues beyond the 25% limit imposed by the bylaws.

Thank you to all our members for your support of the Junior Yacht Club.







September 2024

# legie Pay Pertebyay

By Dawn Huntsinger

I am writing to express my sincere gratitude for the exceptional experience at Ladies Day and the sailing of the Jean White Ladies Day Perpetual Trophy.

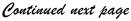
The camaraderie and sportsmanship displayed August 17 throughout the races were truly remarkable and added a special charm to the event. The arch of bubbles and the celebration of all the racers exemplified the festive and joyous atmosphere that prevailed throughout the day. The all-lady Race Committee executed their responsibilities with precision, ensuring the smooth running of the event.



The day began with foggy weather and very light and swirly winds, but ended with sunshine and a slightly better breeze.

Defending their trophy, Silvia Suarez and Kim Brazeau took first place for all three races, even having a great comeback in the third race. An over-early caused them to go back and dip the start line, and they speedily made-up time and passed everyone to take first place!

During a particularly light wind moment, some of us on deck could've sworn we heard Gwenn Krossa singing her song "Sailing Backwards on the Bay." But Kudos to Angela Soll who filled their spinnaker with air, if only for a minute.





### Jean White ladies Day Pespetual Trophy

Continued from previous page

During the third race, Kay Frye took the helm instead of Kendall Welch, and they also grabbed stowaway Marilyn Paris, who kept them in stitches throughout the course.

Prospective member Mandy Watson and Judi Glover made a great showing with smiles and a new found respect for shifty winds and strong currents. Apparently Mandy and her family come from Chicago where the wind blows in one direction and currents aren't an issue. Welcome to Morro Bay.

I extend my heartfelt appreciation to all those involved in organizing and participating in this memorable event. Thanks to Cyndy Fee, who PRO'd with me, for arranging the the beautiful flowers, champagne, and truffles for all to enjoy, Gail Condon, Kit Lockwood, and Dot Rygh for their unmatched expertise with start sequences, choosing the right courses according to the wind conditions, and creating a calming atmosphere on deck, Cynthia Hathaway for her willingness to learn about being on Race Committee, Marilyn Paris for contributing to the absolutely best cheering section and last but not least, Joe Huntsinger and Tom Fee on the safety boat.

The event provided a beautifully presented breakfast by Brett Cross and Tim Volpe along with

Joe Huntsinger, creating a delightful start to the day's activities.

I was particularly impressed by the supportive and encouraging atmosphere created by the gentlemen, who kindly obliged to occupy the upper deck. Some men were perplexed that the races ended in hugs by Skippers and Crew.









## Burger Nights, Jr Sailors, & Happy Hour, - from the galley and Kendall Welch

Burger Nights were a smashing success this summer, with most of our scheduled hosting nights feeding over 80 persons. One night we fed over 100 people. It really pushes our tiny galley to the limit.

Contributing to the success was the Wet Wednesday celebrations that even the Junior Sailors took part in. We are so blessed to have Chris Matson in charge of our Junior Sailors. Under his leadership the program has exponentially grown. If you see him, buy him a beer and thank him for mentoring future sailors.

#### HAPPY HOUR - WHAT TO DO?????

Our all volunteer club is suffering from a lack of commitment to volunteering on the part of our members. We have had a rash of no shows for Happy Hour Hosting, and are not sure how to handle this.

#### Policy Letter #20B states:

Members are expected to host Happy Hour on their assigned date. If they are unable to do so, they must identify a replacement to host for them and inform the Social Hour Coordinator and/or person in charge of scheduling as to the change. Happy Hour assignments are emailed to members and posted in the Masthead. It is the member's responsibility to watch for emails and check the Masthead regarding their hosting schedule. These duties rotate among members and generally usually require hosting every 13-15 months. If a member does not honor their hosting duty on their assigned date they may be billed for food that their co-hosts may have provided.

Kay Frye, the Social Hour Coordinator, should not have to police the volunteers that she schedules to host Happy Hour. At the present time, 3 sets of members are usually assigned to host Happy Hour. We are getting complaints from active hosts that their co-hosts did not communicate in any way about Happy Hour hosting, and many hosts have not communicated with their group at all, and several have not bothered to show up either. Sooooooooooooo, are we asking too much for a member



to work with 2 other groups of members to host happy hour food once every 13-15 months? I don't think so. There are many hosts that would rather be fined monetarily rather than host, the **ONLY** volunteer activity required of members. We have been billing no shows for the food that the co-hosts have provided but that doesn't help with the division of labor. Do we make the fine for no-shows a Draconian amount of money like \$450 and offer compensation to those that are doing their ich? Toll mo what you think!

# ASA School doing great

Greetings MBYC Members. The ASA School is doing great. We just completed our third session of the 101 course. September, I had three future Master Mariners participate.

Of the three, two became certified demonstrating proficiency in handling up a 30 ft keel boat. They spent over 15 hours on the Catilina 25 and passed a 100-question written exam.



The Yacht Club offered three sessions thus far and will finish with one more in September. That course is full with four participants. The club will likely have three-to-four new membership applications coming our way in the near future.

I want to give a shoutout and thank you to Commadore Charlie for his support. He has also been our chief water taxi out to my boat to deliver students.

Keep your sails full and course true.

--Tom Andersen, Instructor



### -Four boats -46 miles -2024 Jenkins Memorial

Jenkins Memorial 2024 August 3<sup>rd</sup>, 2024

The Jenkins Memorial trophy was dedicated not just to memorialize the passing of my mother and father, but to honor all club members who have moved on to 'Fiddler's Green'. The 46-mile race was created to put on display the piece of the California Coastline that Howard Ienkins loved and cherished the most. This part of California's Coast contains not only a gorgeous natural history, but a history riddled with the human touch too. Of course, explorer Juan Rodriguez Cabrillo most likely sailed by our Morro Rock on his exploration for the Spanish. In more recent times William Randolph Hearst built his castle atop



the coastal range overlooking San Simeon Harbor. Then tanker

Montebello was sunk off our coast by a Japanese submarine during WWII. There was course a Cold War warrior component; Airforce Station Cambria, a now defunct radar warning and surveillance station sitting south of the town of Cambria high on the bluffs overlooking the coast. History engulfs the Central Coast.

4 boats started the race at 10:30 am: Mark Buchman's Catalina 38 'Slider', Carlton Smith and Dave Hensinger's Santa Cruz 27 'Mistress Quickly' sailed double handed, Mark Hilden's Santa Cruz 27 'Janina', and the Jenkins Family on the Elliott 770 'Errant Belle'.

Heavy fog engaged the Central Coast but eventually gave way to gorgeous skies and views of the course north of Point Estero. Breeze eventually built to 18 kts over the deck close to San Simeon's idyllic 'One Particular Harbor', for those Jimmy Buffett fans.

The Jenkins unanimously decided dinner and a warm bed at home, looked far better than

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dragging a hook around San Simeon's harbor. Errant Belle rounded San Simeon at 4:02:21pm, turning the corner, setting an A1 reacher to head south on. Cole thought he saw a couple 14 knot burst of boat speed, till we passed Estero Point heading south we averaged 10 to 12 knots over the ground. Deciding to change up to a larger spinnaker for dying breeze we went to peel the reacher and set the A2 Runner.

Somehow the Belle's bowman Cole, possibly didn't clip the shackle closed, earning him a quick trip up the rig, in retrieval of the spinnaker halyard! Once back on deck we set the runner and picked up speed heading to the finish. However, little did we know between the finish and our position laying in wait, were several pods of Grey Whales, each pod with 4 to 5 whales. Mark Hilden clearly negotiated 'speed bumps' for the Belle with the whales! Paige noted she thought and figured a whale was slightly heavier than our 2900# boat! Indeed, and who would care to get between a calf and a mom! Looking back at our





'crooked' track on our Navionics chart plotter we can clearly see several crash gybes to avoid errant whales. Thanks Mark!

Ghosting across the finish line, the Belle ended her day at 7:47 in the evening rounding the finish line and dropping sails. Little did we know, the USCG had the infinite wisdom, to remove most of the buoys with lights coming in our little harbor. Taking celestial lines of sight were eroded and out of the question due to the heavy fog, limiting our visual range to about 100'. Our Navionic's subscription paid off, and our electronics guided us through the entrance. So much for true seamanship! With only MB1 having a proper 'gong' and light, good luck to the mariner trying to find a safe harbor in the fog without electronics! I recall those days with Danny Milligan or Dev Devlin, when fog often reined king of the Morro Bay coastline, none of the Rhodes 33's or Duncan's Islander 30 had today's electronics, but we DID have TRUE NAVIGATION AIDES to work with.... Something about 'our Tax dollars at work'.

Now on to the real work, 7 hours sailing in heavy fog equate to many, many hours of drying

Morro I	Bay Yacht Club	)	Jenkins Memorial						
Oce	an Fleet								
Jenkins	Memorial				Course Distance	46	nautical miles		
					Start Time	11:00:00 AM			
Rank	Boat	PHRF	Skipper	Finish Time	Elapsed Time	Elapsed Seconds	Corrected Seconds	Corrected Finish	Delta
1	Errant Belle	111	jenkins	19:47:58	8:47:58	31678	26572	7:22:52	0:00:00
2	Janina	138	Hilden	20:49:30	9:49:30	35370	29022	8:03:42	0:40:50
DNF	Mistress Quickley	138	Smith/Hensinger	DNF					
DNF	Slider		Mark Buchman	DNF					

sails, and cleaning up a wet boat. Thank goodness for the invention of the dehumidifier!

--Courtesy of Tom Jenkins; Elliott 770 Errant Belle

# Funfloats



The summer season is ending, and everything is already slowing down on the bay. We've had some good Fun Floats this month, and the weather has really cooperated. The groups have been enjoyable, and we've seen plenty of wildlife. Fun Floats

seem to be very relaxing for everyone. Sitting on the sandspit, having lunch, and enjoying the bay always comes to an end after an hour or so, and we head back. However, we know our Fun Floats take place about every two weeks, and we'll see each other again soon. Everyone is welcome to join us for these great activities.

We'll leave the dock at 11:00 am dates in the box. Be sure not to miss Thursday, October 31st - Halloween Party at Sandals Cove.











### Lessons from an Inadvertent Swim

## 48° North Magazine Article that you will learn from!

Here in the 805 we enjoy Latitude 38 delivered to the club every month and daily on the interwebs. Up in the far north, sailors enjoy 48° North. It's a great magazine and I recommend everyone to read it. Here's a link: https://48north.com/

48° North is one of the many projects supported by Northwest Maritime (<a href="https://nwmaritime.">https://nwmaritime.</a>

org/), these are the folks that bring the Port Townsend Wooden Boat Festival to us every year. If you've never been, and are one of those folks that have a "bucket list" I'd recommend this to be floating on top of whatever else is in there. For the rest of us, JUST GO!

There is a great article in the July issue of 48° North titled *My Race to the Straits, with Lessons from an Inadvertent Swim*. It struck me that the author is like some of the MBYC sailors, sailing short handed in sometimes rather brisk conditions. I think it's worth a read. Here's the article and a shout out to the author, Matthew Gardner-Brown, and editor Andy Cross for writing the article and allowing us to pass it on to our members .Here's the article. *-Shared by Charlie Nichols* 



My Race to the Straits, with Lessons from an Inadvertent Swim

#### by Matthew Gardner-Brown

This year's Race to the Straits (RTTS) had to have had the best wind in a long time, though it was a headwind race both ways. Sailing a J/88, I had been hoping for at least a downwind leg, as Sea Stories always enjoys the opportunity to go for a good run. Sunday's breeze resulted in a memorable experience and one I'm happy to walk away from unscathed —I found myself in the water, leaving my daughter alone onboard during the doublehanded race.

Saturday had been a great day. We had wind most of the time with a couple of wind holes, the worst of which was at the finish where the early boats were fighting against the current and dealing with zero wind to cross the line. My daughter saw this early and kept us as honest as

See following page

possible, and with a puff from heaven we managed to finish with a respectable 35<sup>th</sup> out of 106 boats entered. We were feeling good going into the return trip the following day.

Sunday was a day to remember. We started in 6 knots, with a forecast predicting an increase in the wind strength to 18 knots somewhere near

Double Bluff. The incessant tacking down the east side of Marrowstone Island seemed never ending (out to 40 feet, then back into 10 feet), avoiding rocks and shallows. On the long tack from the south end of Marrowstone Island to Useless Bay and the compulsory mark at the Double Bluff buoy, the wind increased as predicted.

After the Double Bluff mark, we had a long port tack to Point No Point, during which we reefed the mainsail and the boat became comfortable in the building breeze.

**Overboard Experience, Points of Learning**My story really starts after we had passed the
Kingston Ferry terminal and had tacked over
to start our run to Jefferson Head.

At this point in the race, the waves seemed to have become very short coupled and square. I needed to pee, so thinking safety, I handed over the tiller to my daughter, something that we had done three or four times during the race. I scrunched up aft of her on the high side so that I could relieve myself into the cockpit.



There was no standing in the back of the boat on a day like that. While making all the different zipper pulls (up for the foulies, down for the inside pants) and then the subsequent clearing of clothing for the intended business, we hit a square wave and received a gust of higher wind. I was knocked off balance and was shot out through the lower life lines. I had quite literally become a man overboard.

**Point:** Make safety a higher priority when peeing in rough weather. Consider a short tether so when two hands are being used you cannot fall out of the cockpit. Better yet, kneel in the cockpit on the low side, or go below.

Think about this. My thirty-something-year-old daughter, who weighs not much over 120 lbs, had just watched her 74-year-old father—who weighs 214 lbs on a good day—go head first into the Puget Sound.

I came to the surface and within a few seconds PFD had inflated.

**Point:** When was the last time you checked your My daughter immediately saw my PFD inflate, so she

See following page



started to try and get the boat under control. She was dealing with rough seas and high winds. The mainsheet had gotten a knot in it, and was unable to turn the boat in that much wind without being able to release the sheet.

I looked on as my daughter, who for some reason unable to turn the boat, was quickly at least a half city block away. At this point, I was having a direct communication with my god. I don't think the cold of Puget Sound had registered with me yet. Staying afloat was my major concern and my PFD was doing the work.

After a minute or two, I noticed that the Santa Cruz 27 *Norn* was heading towards me. They had seen my lifejacket and had dropped their headsail. After a couple of tries they managed to get a line to me, and between the two of us I was pulled to the transom of the boat. I would estimate that at this point I had been in the water for anything from eight to ten minutes. I was cold.

How to get into their boat? Thank goodness Norn had an open transom. They lowered their outboard to make more room and for me to try and put my foot on the cavitation plate. Even so, I had lost a lot of my strength and I'm not sure on a good day I could have pressed myself up. It took both Norn sailors, Chris and River, pulling to drag me into their boat. I was now safe.

**Point:** Without crotch straps on the PFD, this would not have been doable.

**Point:** How would you bring a person onto your boat from the water? It's easier with a full crew—daunting when it is just one or two.

**Point:** Do you have an easy deployable ladder?

Seeing me safely on board another boat, my daughter managed to roll up the jib and scandalize the main, and now she was bearing down on *Norn*. She shouted and asked if I was OK, and then asked, "How do I start the engine?" We had been sailing together for at least 15 years, and the division of labor on the boat was almost set in stone. I got on the boat and started the engine to let it warm up and she got our belongings put away.

**Point:** When was the last time you made sure that all members of your crew know how to start and stop your boat's engine?

**Point:** Is the engine starting key in a safe place?

We headed into Kingston Marina and another boat, *Tigger*, crewed by Cody Pinion and his wife Letitia, had joined

See following page



# Best tasting burgers served by volunteers

9/6/202
9/6/202
9/6/202
9/13/202
9/13/202
9/13/202
9/20/2
9/20/2
9/20/2
9/27/2
9/27/2
9/27/2

From previous page

### Man Over Board

our little group. By the time we had docked, I was consumed by uncontrollable shakes. My daughter and Letitia helped get me out of my wet clothes.

Then my daughter asked, "Where are your dry clothes?"

I replied, "It's only a two day race, I didn't bring any."

**Point:** Do you have a set of dry clothes and a sleeping bag for emergencies?

Cody came to the rescue with a complete set of dry clothes and a warm drink. I was safe and going to be ok, and felt very fortunate.

I hope other sailors might take a few things away from my dip into the Sound. If you

spend time on the water shorthanded, racing or cruising, perhaps this offers a reality check, especially for crews where well-practiced divisions of responsibility might mean expertise in one area and unfamiliarity in another, all veiled by the comfortable confidence of routine. Doublehanded sailing requires a different mindset when recovering someone from the water, and each boat is so specific. I was lucky my rescue boat had an open transom.

Matthew Gardner-Brown has owned and raced boats with this family throughout Puget Sound for many years.

## SCYA is proud to announce that registration is open for the 33rd Women's Boating Event

Women will be together learning, networking, and gaining skills and confidence. With a great assortment of workshops to pick from, and the best speakers and coaches anywhere. Everyone will find a set of workshops that fit their needs.

September 28 & 29, 2024 Del Rey Yacht Club 13900 Palawan Way Marina del Rey, CA 90292

We are also pleased to announce that Master Mariner John Jourdane is our speaker in our Offshore Weather Planning workshop. John Jourdane is one of the most experienced offshore sailors in the world today. He has sailed over 300,000 miles. He has crossed between

Officer & Directors

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Charlie Roberts

Vice Commodore:

Tom Wright

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John Wimer

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Dawn Huntsinger

the West Coast U.S. and Hawaii 54 times, has crossed the Atlantic Ocean 12 times, and sailed around the world 3 times, including 2 Whitbread Round the World Races. He is also the author of Icebergs, Port and Starboard and Sailing with Scoundrels and Kings. John also teaches Weather for Sailors classes across the U.S. and Canada.

Sign up today and reserve your spot today!
Sign up Here: https://scya.org/womens-event/

Committee Chair	
Alias/Troll	Don Lockwood
Bar Steward	Stanley Craig
Cal Poly LiaisonMark H	ilden/Sean Hanlon
Chief Risk Officer/Sommelier	Rich Leamon
Clean Marine Program	Julie Thomas
Club Burgees around building	Patrice Flack
Emergency Preparedness Coord	
	Bob Neuman
Fleet Captain - Day Sailer	Dan Hack
Fleet Captain - Laser	Dan Hack
Fleet Captain - Ocean	
Fleet Captain - Santa Cruz 27	Mark Hilden
Fleet Captain - Bay	David Sheesley
Fun Float Captain	Charlie Roberts
Happy Hour Coordinator	Kay Frye
Historian	Andrea Surfleet
Investments	Tom Ingram
Junior Sailing Advisor	Chris Matson
Library	Charlie Roberts
Mailing	Rachelle Phillips
Masthead Editor	Mark Buchman
Membership Chair	
Port Captain	
Reciprocity Secretary	Glenda Boatman
Sailing Lessons	Robert Schwenoha
Ship's StoreSocial Director/Galley Chief	Gail Riley
Social Director/Galley Chief	Kendall Welch
Volunteer CoordinatorJ	oyce McAlexander
Webmaster	John Michener

## Ab Abb Horithe Abriba

Sunday, Sept. 1

**Funfloat** 

Monday, Sept. 2

Labor Day -Sail - Peddle - Paddle

Wed. Sept. 4

3pm Wet Wednesday 5pm Wine Wednesday

Thursday, Sept. 5

**4pm Sea Shanty Practice** 

Friday, Sept. 6

5:15pm Membership Committee Meeting 6pm Happy Hour

Saturday, Sept. 7

-Ocean - Devlin Series

Sunday, Sept. 8
Junior Sail Day

Tuesday, Sept. 10

6:30pm Coast Guard Auxiliary Meeting Wed. Sept. 11

3pm Wet Wednesday 5pm Wine Wednesday

Thursday, Sept. 12

4pm Sea Shanty Practice

Friday, Sept. 13

6pm Happy Hour

Saturday, Sept. 14

ASA 101 Class Bay - Fall I

Sunday, September 15

ASA 101 Class 4pm Luau First Day of Hispanic Heritage Month

Monday, September 16

Funfloat

Wed, September 18

3pm Wet Wednesday 5:30pm Wine Wednesday Thursday, Sept 19

4pm Sea Shanty Practice 6:15pm MBYC Board Mtg

Friday, September 20

**6pm Happy Hour** 

Saturday, Sept 21

ASA 101 Class Ocean - Fall II

Sunday, September 22

**ASA 101 Class** 

Wednesday, Sept 25

3pm Wet Wednesday 5:30pm Wine Wednesday

Thursday, Sept 26

4pm Sea Shanty Practice

Friday, September 27

**6pm Happy Hour** 

Saturday, Sept 28

Bay - Fall II

Sunday, September 29

**Junior Sail Day** 

Wednesday, October 2

3pm Wet Wednesday 5:30pm

Wine Wednesday

Thursday, October 3

4pm

**Sea Shanty Practice** 

Friday, October 4

5:15pm Membership Committee Meeting 6pm Happy Hour

Saturday, October 5

Ocean - Fall III Funfloat 8pm Rotary Ducky Derby

Tuesday, October 8

6:30pm Coast Guard Auxiliary Meeting

Wednesday, October 9

3pm Wet Wednesday 5:30pm Wine Wednesday

THE MORRO BAY YACHT CLUB

541 Embarcadero Morro Bay, CA 93442 Office Phone (805) 772-3981 Mbyc.net

The Morro Bay Yacht Club is a private, non-profit organization devoted to boating activities, along with the protection and enjoyment of our picturesque bay and coastline. We participate in both competitive and non-competitive boating activities throughout the year. Anyone at least 21 who owns a boat, is planning to buy a boat, or regularly enjoys boating activities in someone else's boat is invited to apply for membership.

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